

Food for Thought Composting

Objectives

- Students will discuss food waste
- Students will identify composting as a way to reduce food waste
- Students will participate in a field trip to learn about composting
- Students will use hand sewing to create a compost installation

Grade Levels: 3rd-6th

Vocabulary and Terms

Compost, food waste

Resources

We visited The Plant and participated in a [Closed Loop Lab](#) to learn about composting

Materials

Felt, needle, thread, poly-fill

Procedures

1. Begin with a field trip, if possible, to learn about composting. You could also have a local compost company come in to talk with students about the process.
2. Design installation with students that will educate others on the composting process and the list of compostable food materials.
3. Pre-cut felt in food shapes
4. Demonstrate how to sew with small stitches to attach pieces of felt together.
5. Students will then sew front and back pieces together, leaving a small hole so they can add stuffing.

